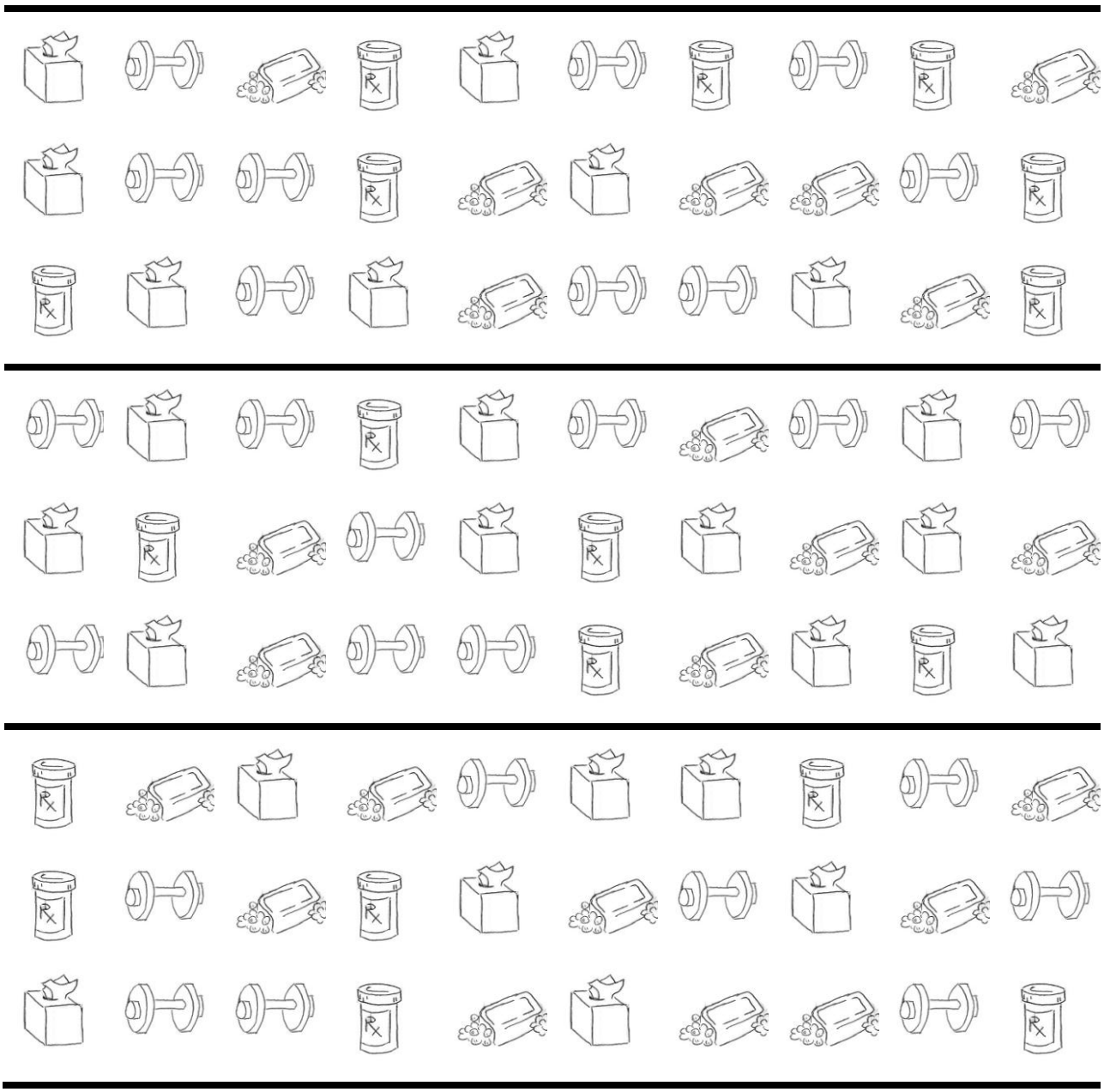
Stay Healthy Visual Tracking

Directions: Draw a line under each row, circling each shape in sequential order.



Stay Healthy Visual Scanning

Directions: Draw a line under each row, circling each letter in sequential order. How many times can you find the word “sick”?

s i c k

k	a	b	i	s	c	k	c	c	k	c	k	c	k	b
i	k	s	o	m	s	s	k	s	s	s	b	c	s	k
i	c	o	s	s	c	k	s	i	k	c	b	s	k	i
c	s	b	s	k	i	o	s	c	s	k	o	s	s	s

Directions: Draw a line under each row, circling each letter in sequential order. How many times can you find the word “healthy”?

h e a l t h y

h	h	l	h	t	e	t	l	h	y	h	a	a	h	y
h	l	y	t	y	h	l	t	h	a	h	h	y	l	h
a	t	h	y	l	t	e	t	h	h	t	a	h	h	e
l	y	t	t	a	h	a	e	l	h	y	t	h	y	h